



Japan Karate Shoto Federation

**Ireland Open
NATIONAL CHAMPIONSHIPS**

Will be held on Sunday 26TH JANUARY 2020

**In the DCU Sports Hall, DCU Campus, Whitehall, D9.
(Updated: 13/01/2020)**

Any enquires contact the Tournament Organising Committee at: secretaryjksireland@gmail.com

ALL ENTRIES MUST BE RECEIVED with FEE by

MONDAY JANUARY 20TH 2020

Competitors must have a current licence to compete and Competitors and Coaches must have adequate insurance to participate. Enquires please email secretaryjksireland@gmail.com or Forms can be downloaded off the website www.jksireland.ie All competitors and coaches acknowledge that karate is a contact sport and accept there is risk of injury.



TOURNAMENT ENTRY FEES:

Competitor Fees

Entry fee: €25 (This entitles the competitor to enter two individual events)

One Event: €15

Three events: €30 (Not including Team events)

Team event: €20

Discount for family members of three persons or more (living at the same address). Please enquire by email to secretaryjksireland@gmail.com

PAYMENT OF ENTRY FEES

If paying entry fees by internet banking please ensure that you note that the payment is for JKS National Open Champs by using **JKSOC20** as the code and the DOJO NAME. Please also email secretaryjksireland@gmail.com to confirm that you have paid by internet banking. Cheques made out to Red Dragon Shotokan Karate Club.

Bank Details:

BIC: ULSBIE2DXXX

IBAN: IE57ULSB98501107320012

Absolutely NO LATE registrations
Closing date
Monday 20th January 2020



TOURNAMENT PROGRAMME

- Sunday 26th January
 - From 8.30am Registration
 - 8. 45am Referee/Coaches meeting
 - 9.00am Tournament commences (Team Kata events first followed by individual kata then kumite)

CONDITIONS OF ENTRY:

Entry forms must be received by Tournament Organising Committee by Monday 20th January, accompanied by entry fees. secretaryjksireland@gmail.com

The following dress and safety equipment code will apply:

All Kumite competitors must wear mouthguards

All Competitors must wear a clean white Gi in good condition

All Kumite Competitors must wear Hand Mitts and Shin/Instep protectors. Protection wear must be WKF design. No boxing glove, MMA, canvas style mitts allowed.

No glasses to be worn during kumite. Contacts are allowed. Prescription sports goggles will be permitted as long as the coach provides a Doctor's note and a letter of indemnity.

All Male competitors

- Advised to wear approved groin protector

All competitors

- Approved White/Red/Blue hand and Shin & Instep protectors
- Approved body protectors is optional
- Women advised to wear approved chest protectors
- Men advised to wear approved groin protector



Team Kata

Only one team per club for each age group. Only one kata required.

Each team will perform their kata, after which points will be awarded. The top 4 teams will proceed to the finals. In the event of a tie for places, these teams must perform again. This rounds will be judged by flags. In the event of another Hikewake, the centre judge will make the decision.

Coaches

As per JKS rules, follow the code of behaviour and the dress code. Club or National tracksuit. Only ONE coach can be present on the mat at a time; only official coaches on the mat and in the warm up area.

Please note:

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KATA EVENTS

Registration from 8:30am – Start time 9 am – Team Kata will be the first event.
 All kata events will be 2 competitors together until final 2 where after they will enter 1 competitor at a time. All rounds will be decided by Flags (Except Inclusive Kata).
 Please note: If we have insufficient numbers in any category then it will be merged with another.

Category	Code	Category	Code
Children's mixed Kata 11yrs & under 10 th – 4 th kyu Referees choice until final 4 Kihon/Heian Shodan. Final – Kata of choice	KA1	Veterans Men's Kata 35yrs and above All Grades Referees choice until final 4. Heian 1-5. Final – Kata of choice	KA9
Children's mixed Kata 11yrs & under 3 rd Kyu and above Referees choice until final 4. Heian 1 - 5 Final – Kata of choice	KA2	Veterans Ladies Kata 35yrs and above All Grades Referees choice until final 4. Heian 1-5. Final – Kata of choice	KA10
Boys & Girls mixed Kata 12-15yrs 10 th – 4 th Kyu Referees choice until final 4. Heian 1 - 5 Final – Kata of choice	KA3	Team Kata 15yrs and under All Grades - Mixed Kata of Choice Can repeat	KA11
Boys Kata 12-15yrs 3 rd Kyu and above Referees choice until final 4. Heian 1 - 5 Final – Kata of choice	KA4	Team Kata 16yrs and over All Grades - Mixed Kata of Choice Can repeat	KA12
Girls Kata 12-15yrs 3 rd Kyu and above Referees choice until final 4. Heian 1 - 5 Final – Kata of choice	KA5	Junro Kata 15yrs and under All Grades – male & female Junro Shodan until final 4 Final – Junro Kata of choice	KA13
Ladies & Gents Kata 16yrs and above 10 th – 4 th Kyu Referees choice until final 4. Heian 1 - 5 Final – Kata of choice	KA6	Junro Kata 16yrs and above All Grades – male & female Junro Nidan until final 4 Final – Junro Kata of choice	KA14
Gents Kata 16yrs and above 3 rd Kyu and above Referees choice until final 4. Heian 1 - 5 Final – Kata of choice	KA7	Junro Kata Veterans 35yrs and above All grades – male & female Junro Nidan until final 4 Final – Junro Kata of choice	KA15
Ladies Kata 16yrs and above 3 rd Kyu and above Referees choice until final 4. Heian 1 - 5 Final – Kata of choice	KA8	Disability Kata All Ages – All Grades Kata of Choice Can repeat	KA16



KUMITE EVENTS

All free fighting events will be under WKF Rules.

13yrs and below: Mouth Guard & Red & Blue hand pads are compulsory.

14yrs and above the following will apply:

WKF Equipment must be worn.

Blue & Red belts, hand pads, and foot & shin guards are compulsory.

Mouth Guards & Groin guards are compulsory. Chest Guards are optional.

Please note: If we have insufficient numbers in any category then it will be merged with another.

Category	Code	Category	Code
Childrens Kumite mixed 8-10yrs All Grades Five attack sparring	KU17	Boys Kumite 14-15yrs (65kgs & above) All Grades	KU30
Girls 11 – 13yrs 10 th – 7 th kyu Five attack sparring	KU18	Girls Kumite 14-15yrs (-54kgs) All Grades	KU31
Boys 11 – 13yrs 10 th – 7 th kyu Five attack sparring	KU19	Girls Kumite 14-15yrs (54kgs & above) All Grades	KU32
Ladies & Gents Kumite 16yrs & above 10 th – 7 th kyu Five attack sparring	KU20	Boys Kumite 16-17yrs (-65kgs) All Grades	KU33
Boys Kumite 11yrs and under (-35kg) All Grades	KU21	Boys Kumite 16-17yrs (65kgs & above) All Grades	KU34
Boys Kumite 11yrs and under (35kg & above) All Grades	KU22	Girls Kumite 16-17yrs (-56kgs) All Grades	KU35
Girls Kumite 11yrs and under (-32kg) All Grades	KU23	Girls Kumite 16-17yrs (56kgs & above) All Grades	KU36
Girls Kumite 11yrs and under (32kg & above) All Grades	KU24	Male Kumite 18yrs plus (-75kgs) All Grades	KU37
Boys Kumite 12-13yrs (-50kg) All Grades	KU25	Male Kumite 18yrs plus (75kgs & above) All Grades	KU38
Boys Kumite 12-13yrs (50kg & above) All Grades	KU26	Female Kumite 18yrs plus (-61kgs) All Grades	KU39



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Mouth Guards & Groin guards are compulsory. Chest Guards are optional.

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Girls Kumite 12-13yrs All Grades	(-40kg)	KU27	Female Kumite 18yrs plus (61kg & above) All Grades	KU40
Girls Kumite 12-13yrs All Grades	(40kg & above)	KU28	Male Veterans Kumite 35 yrs plus All Grades	KU41
Boys Kumite 14-15yrs All Grades	(-65kgs)	KU29	Female Veterans Kumite 35 yrs plus All Grades	KU42

EVENT SCHEDULE

- Kata will start from 9am with Team Kata being the first event. Only one team per club for each category. For Team Kata, Bunkai is not required.
- Kumite events will have staggered start times and will be notified on the Event timetable a day before the Championships. All staggered times are estimated as this will depend on the number of entries in each category.
- All Kumite for 14 years and above will be held under WKF rules.
- Body protection for all categories is recommended.
- **Mouth Guards are compulsory.**
- If there are insufficient numbers in any category then it will be merged with another.
- It is imperative that all Clubs supply the **correct information on the entry form** as mistakes **will not** be rectified on the day.

